**NEWSLETTER:** 4th March 2015

**PRINCIPAL’S MESSAGE**

God, heavenly Father, look upon me and hear my prayer during this holy Season of Lent. By the goodworks You inspire, help me to discipline my body and to be renewed in spirit. Without You I can do nothing. By Your Spirit help me to know what is right and to be eager in doing Your will. Teach me to find new life through penance. Keep me from sin, and help me live by Your commandment of love.

God of love, bring me back to You. Send Your Spirit to make me strong in faith and active in good works. May my acts of penance bring me Your forgiveness, open my heart to Your love, and prepare me for the coming feast of the Resurrection of Jesus. Lord, during this Lenten Season, nourish me with Your Word of life and make me one with You in love and prayer.

Fill my heart with Your love and keep me faithful to the Gospel of Christ. Give me the grace to rise above my human weakness. Give me new life by Your Sacraments, especially the Mass. Father, our source of life, I reach out with joy to grasp Your hand; let me walk more readily in Your ways. Guide me in Your gentle mercy, for from You I can do nothing. By Your Spirit help me to become what You would have me be.

Father of love, source of all blessings, help me to pass from my old life of sin to the new life of grace. Prepare me for the glory of Your Kingdom.

I ask this through our Lord Jesus Christ, Your Son, Who lives and reigns with You and the Holy Spirit, one God, forever. Amen.

**IMPORTANT SCHOOL DATES**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Mar 8</td>
<td>Family Mass-Year 2 Sacred Heart Church 9am</td>
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<tr>
<td>17</td>
<td>St. Patrick’s Day - Free Dress/Gold Coin Donation</td>
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<td>18</td>
<td>School Board 6.30pm &amp; PF Meeting 7.30pm</td>
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<td>20</td>
<td>Winter Uniform Pick Up day 8-9am School Hall</td>
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<td>23</td>
<td>Parent Interview Week</td>
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<td>23</td>
<td>School Swimming Carnival-Bayswater Waters</td>
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<td>27</td>
<td>P&amp;P Parent Sundowner 7-9pm (Please note date change from 13th)</td>
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<td>29</td>
<td>Palm Sunday</td>
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<td>30</td>
<td>Interschool Swimming Carnival-Challenge Stadium</td>
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<td>Apr 2</td>
<td>Good Friday Ceremony</td>
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<td>Last day of Term</td>
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**IMPORTANT NOTICE!!!**

Parents received a form last week with the following:

1. Permission for students to Leave School Grounds in 2015
2. Student Information Details
3. Permission for students to Leave School Grounds in 2015

The permission slip is designed to cover any occasion students will need to leave the school grounds (excursions/swimming/carnivals etc). **Without this permission students will NOT be able to leave the school grounds.**

**Student Information Details**

It is extremely important that the school is up to date with student details including emergency contact numbers. **Please view your child’s information and ensure ALL DETAILS are correct.**

The school would like to have at least one email address per family as there may be times when the school office or class teacher would like to distribute important information to parents as efficiently as possible. The school also requests that families check their child’s bag daily, as important notices may be placed there.

**Uniform Focus**

Our school has been focusing on Active Listening for several weeks. The students have been focusing on Active Listening this week. The students have been focusing on Active Listening for several weeks. The students have been focusing on Active Listening this week. The students have been focusing on Active Listening for several weeks. The students have been focusing on Active Listening this week. The students have been focusing on Active Listening for several weeks. The students have been focusing on Active Listening this week. The students have been focusing on Active Listening for several weeks. The students have been focusing on Active Listening this week. The students have been focusing on Active Listening for several weeks. The students have been focusing on Active Listening this week. The students have been focusing on Active Listening for several weeks. The students have been focusing on Active Listening this week. The students have been focusing on Active Listening for several weeks. The students have been focusing on Active Listening this week. The students have been focusing on Active Listening for several weeks. The students have been focusing on Active Listening this week. The students have been focusing on Active Listening for several weeks. The students have been focusing on Active Listening this week. The students have been focusing on Active Listening for several weeks. The students have been focusing on Active Listening this week. The students have been focusing on Active Listening for several weeks. The students have been focusing on Active Listening this week. The students have been focusing on Active Listening for several weeks.

**Whole School Social Skills Program: Active Listening**

Social skills remain an important focus at Sacred Heart. Our school has been focusing on Active Listening so far this term with very pleasing results. Y charts were used to introduce and teach the above skill to the students. Following class discussions about what this skill looks like, sounds like and feels like, the teachers recorded the students’ answers on a Y chart.

Here is an example of a Y chart, created by our Year 2 students:

**ACTIVE LISTENING**

**Looks**

- Hands still in lap
- Legs crossed and feet flat
- Eyes looking at the speaker
- No whispering
- Lip closed

**Sounds**

- One person speaking
- No whispering from the audience
- A well-behaved class
- Very quiet

**Feels**

- I’m respecting the speaker
- The speaker is important
- Calm and happy

Next week we will launch our next whole-school social skill. Stay tuned for our new skill!

Carolyn Perlino and Renee Byrne-King (Acting Assistant Principals)

**Family Masses 2015**

The first Family Mass for 2015 will be facilitated by the Year 2 Class and will take place this Sunday, 8th March. Mass will begin at 9.00am, and will be followed by Morning Tea in the Undercover Area. You are all very welcome to join us for our Year 2 Family Mass.

Carolyn Perlino and Renee Byrne-King (Acting Assistant Principals)

**Uniform Focus**

At Sacred Heart we wish for the students to take great pride in the way that they present themselves in the school uniform. For the remainder of Term 1, we would like to have Uniform Focus for the students each week. This week we are focussing on students wearing the correct footwear to school. A reminder that black sneakers, should be worn on sports days. Black school shoes or brown school sandals, should be worn with the everyday uniform. The uniform policy can be accessed on the school website:


Carolyn Perlino and Renee Byrne-King (Acting Assistant Principals)
**Year 4 MacBook Air Workshop for Parents**

Last week our school ran two parent information workshops regarding the MacBook Air program at Sacred Heart. A big thank you to all the parents who attended. We also wish to thank Derek Stewart our IT Specialist for facilitating the workshops, as well as the teachers who attended to answer questions about the implementation of the Macbooks to the classroom. From the feedback received, parents found the workshop to be informative and worthwhile. To ensure ongoing education and support for parents, Derek Stewart will hold another MacBook Air Workshop for parents later in the year, most likely towards the end of Semester 1. Before the next workshop, there will be an opportunity for parents to offer input into what they would like to learn at the offered workshop. In the meantime, if you have any technical questions regarding your child’s MacBook Air, please do not hesitate to contact Derek Stewart by email at: Stewart.Derek@cathednet.wa.edu.au.

If you have questions about the MacBook and your child’s learning, these should be directed to the class teacher.

Carolyn Perlini and Renee Byrne-King (Acting Assistant Principals)

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**SCHOOL AWARDS - to be presented at assembly on Friday**

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<thead>
<tr>
<th>Principal Award</th>
<th>Teacher Award</th>
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<td>Pre Primary</td>
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| Students are expected to be in full winter uniform at the commencement of Term 2. The Winter Uniform Order Form is available from the school office foyer or the school website. Winter orders will need to be placed by **no later than Friday, 6th March 2015**. |

**Winter Uniform Pick Up Day**

**Friday, 20th March 2015**

**School Hall 8.00-9.00am**

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**Parent Education Technology Handbook**

The Sacred Heart, Educational Technology Information Booklet will be distributed to families in Year 4, 5 and 6, this week. This booklet discusses the school’s vision, beliefs and assumptions regarding the implementation of technology at Sacred Heart Primary School, Highgate. It details the systems and structures that have been put in place with parent consultation and the details of the students’ Digital License in technology. Please take your time to read through this document and visit the school website and read our blog on the implementation of the technology at our school. [http://www.shps.wa.edu.au/policies.html](http://www.shps.wa.edu.au/policies.html)

Carolyn Perlini and Renee Byrne-King (Acting Assistant Principals)

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**Parent IT Safety Support**

The following website offers articles, tips, guidance and reviews for parents who want to keep their families safe and productive online. [http://www.bewhysmart.com/](http://www.bewhysmart.com/)

Some of the topics that are discussed include...

- Safe searching in Google, Yahoo, and Bing
- Popular apps and sites parents may worry about such as Messege, Kik and Instagram
- Restriction settings on devices such as iPod touch, iPad, iPhones, and other tablets
- Facebook Privacy settings for you and your teen
- Parental Control software options
- Website and app reviews for parents and kids to get the most out of what the web has to offer
- How to talk to your kids about technology, privacy, and online safety

Carolyn Perlini and Renee Byrne-King (Acting Assistant Principals)

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**School Pick Up (Drive - Through)**

We are happy to report that the after-school pick-up on the Mary St drive through has been running very smoothly. Thank you parents for moving up to the first bay when stopping, moving promptly and considering the traffic on Mary St. Students should not be entering cars in drive-through unless they are parked in one of the three pick-up bays available. The drive-through gates will continue to close at 3.20pm each day, so please ensure that the children are collected before this time. Thank you for your co-operation, and for helping us to ensure that we keep the students safe during this busy time of the school day.

Carolyn Perlini and Renee Byrne-King (Acting Assistant Principals)

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**Swimming News**

Swimming Training will take place on Friday morning 7.30-8am and Monday afternoon 3.30-4.30pm at Beatty Park.

Swimming Faction Carnival

**Monday, 23rd March 2015**

9.30am-12.30pm at Bayswater Waves

Parent help is needed.

Please leave your name on the whiteboard in the school office. Helpers are required for in the pool and place judges.

Thank you so much for your help.

Mrs Stephanie Alderman (Physical Education Teacher)

Book club orders are due back to school Thursday, 12th March. Please put your order form and correct payment in an envelope and return to your class teacher or the office.

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**Executive Committee 2015**

- **President:** Sharee Hogg
- **Vice President:** Andrew Del Marco
- **Treasurer:** Phil Nillsen
- **Secretary:** Yvette Keys & Kathryn Bond
- **School Board Representative:** Phil Nillsen

**P&F Year Reps:** There are currently no year representatives for Years 5 & 6, if you would like to nominate yourself please email the P&F at pandff@shps.wa.edu.au mailto:pandff@shps.wa.edu.au - the next meeting is Wednesday, 18th March.

**Parents Sundowner:** 7pm - 9pm Friday, 27th March 2015. Please note date change from 13th March. See attached for more info.

**School banking:** School Banking is on Tuesday morning from 8.30am in the school library, this is a great way to introduce your children to the benefits of regular saving, they receive some great awards and the school is paid commission by the Commonwealth Bank on the deposits made.

**School Fete 2015:** Contact Alysha Cass for more details on [alysha.cass@bigpond.com](mailto:alysha.cass@bigpond.com) or mailto:alysha.cass@bigpond.com

**School Fete Craft Group:** We will once again be having a fabulous arts and crafts stall at the 2015 School Fete. Contact Danielle at trevndan@westnet.com.au or mailto:trevndan@westnet.com.au for more details.

**Handmade@SH Craft Group Meeting**

Friday, 6th March

9am School Library

**School Bags:** Old style school back packs are available at $60 and new trolley bags (no school logo attached) are now available at $75. Please see the office staff if you would like to make a purchase.

**2015 P&F Executive**

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**The Sacred Heart Community Cook Book**

As a fund raising activity this year The Sacred Heart Community would like to produce our own Cook Book. This will be in the format of a hard back table top style cookbook.

As we have a very diverse multicultural community we ask that each family contribute their favourite recipes from their country and where possible attach a photo (taken with your camera not iPhone/iPad) of their creation. Please submit as many recipes as you wish and any cooking tips that you may have.

We will collate the recipes and the cooking tips, household tips and any general information that you consider worthwhile for other people to use.

Please forward your contribution to Mrs Worner by the end of term one.

Many thanks, and happy cooking.

Mrs Barbara Worner

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**CANTEEN (0422-7945) - Please ensure to order from the new summer menu. Sushi orders MUST be paid on Monday to receive Sushi on Wednesday.**
P&F PARENT’S SUNDOWNER

Come along & mingle with other SHPS Parents…
Friday 27th March 2015
Sacred Heart Primary School Front Courtyard
7pm-9pm
BYO- Drinks, Nibbles & Picnic Blanket
(This event is not for kiddies)

FABRIC ROUND-UP

Please donate your fabric scraps, fat quarters, ribbons, felt, buttons etc...

We are preparing to 'get busy' creating for the Sacred Heart Primary School 2015 Fete and are calling for your fabric and craft donations.

Please check your cupboards, craft stash and sewing boxes!
A donation box will be located in the foyer leading up to the school office. All donations greatly appreciated.

ALL ENQUIRIES TO
Danielle Dernagh
mumu80@xfernet.com.au
0419 936 780